**WARNING:** Read the warnings on this page and those contained in the User Guide before you disassemble the trampoline and enclosure.

- Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis or death even when landing on the middle of the bed.

- Treat any loaded rod with caution until you are sure it is properly installed or uninstalled. Keep your face well away from any loaded rod.

- Do not hold onto, or place fingers between the rods while someone is jumping on the trampoline.

- Do not allow more than one person at the same time on the trampoline or enclosure. Use by more than one person can result in serious injury.

- Never attempt to remove a black net rod from its net pocket or disengage (unlock) the rod sleeve while the black net rod is under tension.

- Your Springfree trampoline has been designed for residential backyard use by both children and adults. The Safe User Weight for this trampoline is located on the front panel of this manual and on the front of the trampoline packaging. Jumpers above the Safe User Weight run a higher risk of injury and should not use the trampoline. Jumpers at or near the Safe User Weight should take extra precaution in their manoeuvres to ensure they do not initiate contact with the ground while jumping as this can cause serious injury.
Disassembly Precautions

Read the following steps before beginning the assembly process.

1. Keep small children at least 25 ft (7.62 m) away while disassembling the trampoline; they could be injured by improperly disassembled rods releasing and ejecting from the frame.
2. Do not attempt to use the trampoline if it is not completely assembled.
3. Disassembly typically takes two hours to complete. Two people are recommended.
4. Be aware that when loaded, the rods can spring back and may cause injury.
5. Treat any loaded rod with caution until you are sure it is properly installed. In particular, keep your face well clear of the rods during disassembly. An improperly uninstalled rod could release and cause facial injury or blindness.
6. The sleeves on the rods are intended to provide protection from any fibreglass fibers or splinters. Do not remove the sleeve.

Icons used in this Manual

We’ve included several helpful icons throughout the installation process to help make the disassembly of your trampoline as easy as possible. We strongly encourage you to follow these icons carefully. Here is what each one means:

- **WARNING** - This icon warns of potential danger. Always pay close attention to these icons.

- **NOTE** - We use this icon to flag important information that should not be overlooked.

- **TIP** - This icon highlights techniques or tricks you can use to simplify the installation process.

- **SCAN HERE** - We use this icon to steer you to our website where we have helpful demonstration videos that will guide you through a specific installation step. For your convenience, we’ll also include the web
Remove the white c-clips located on the net rod sockets. Lift the bottom end of the black net rods out of the net rod sockets and lower the net.

Remove the black net rods from the net rod pockets and the horizontal net rods (if applicable) from the top edge of the net.

Starting at a corner, carefully pull the top edge of the net down over the edge of the mat. Continue around the trampoline until the net is sitting at the bottom of the mat rods.

**WARNING** - Never attempt to remove a black net rod from its net rod pocket or disengage (unlock) the rod sleeve while the black net rod is under tension.

**TIP** - If you’re having difficulty removing the black net rod from the net rod pocket, twist the ball end of the rod and pull to release it.

**TIP** - Your trampoline model may differ from the one shown however, the disassembly steps remain the same.

- Remove the white c-clips located on the net rod sockets. Lift the bottom end of the black net rods out of the net rod sockets and lower the net.
- Remove the black net rods from the net rod pockets and the horizontal net rods (if applicable) from the top edge of the net.
- Starting at a corner, carefully pull the top edge of the net down over the edge of the mat. Continue around the trampoline until the net is sitting at the bottom of the mat rods.

**SCAN HERE** or visit [http://springfr.ee/disassem](http://springfr.ee/disassem) for a helpful installation demonstration video.
WARNING - Treat any loaded rod with caution until you are sure it is properly installed or uninstalled. Keep your face well away from any loaded rod.

NOTE - Two people are required for disassembly.
NOTE - Before you remove a white mat rod from a mat rod holder read the instructions in the following two panels.

- Have one person position themselves inside the frame of the trampoline while the other stands outside as shown.
WARNING - Treat any loaded rod with caution until you are sure it is properly installed or uninstalled. Keep your face well away from any loaded rod.

1 Outside Person: Hold the white mat rod with your palm facing up. Stand with one leg forward and bend your knees.

2 Outside Person: Move the white mat rod up and to the right firmly as shown.

3 Outside Person: While still holding the white mat rod, bend your arm at a right-angle and push your elbow into your hip.

4 Inside Person: Ensure the outside person’s hands are positioned as shown. Pay careful attention that their left hand is tight against the corner of the mat rod holder. Then take hold of the rod with both hands.
WARNING - Treat any loaded rod with caution until you are sure it is properly installed or uninstall. Keep your face well away from any loaded rod.

WARNING - Both people must maintain a steady grip on the rod until it is in its resting position.

NOTE - When dislodging a white mat rod, be careful not to knock your hands against adjacent rods.

5 Outside Person:
Push forward, rocking from your heels to the balls of your feet, using the weight of your body to push the white mat rod over the back edge of the mat rod holder. Keep the mat edge horizontal with your other hand.

6 Inside Person:
Once the ball comes to the back edge of the mat rod holder, pull the white mat rod down and out. Sometimes a forceful pull is needed to dislodge the ball from the mat rod holder.

7 Inside and Outside Person:
Lower the white mat rod and carefully ease it to a resting position.
WARNING - Do not attempt to disassemble any frame components before the mat and white mat rods have been removed.

WARNING - Treat any loaded rod with caution until you are sure it is properly installed or uninstalled. Keep your face well away from any loaded rod.

- Starting at a blue mat tag and moving in a counter clockwise direction, uninstall the white mat rods at each colored tag. If your trampoline does not have green tags like the model shown, just continue to the next blue tag.
- Then continue working around the trampoline uninstalling one white mat rod to the right of each uninstalled rod.
- Remove the white mat rods from the frame and then pack the net, mat and rods.
- Disassemble the frame in the reverse order to which it was assembled.